



North Carolina Problem Gambling Program

**1-877-718-5543**  
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## The NODS-CLiP Program Gambling Screening Tool

The NODS-CLiP can be used to rule out problem gambling. It is a 3-item tool that has been deemed valid and reliable.

- 1) Have there ever been periods lasting 2 weeks or longer when you spent a lot of time thinking about your gambling experiences or planning out future gambling ventures or bets?
- 2) Have you ever tried to stop, cut down, or control your gambling?
- 3) Have you ever lied to family members, friends, or others about how much you gamble or how much money you lost gambling?

If yes to one or more questions, further screening is advised. Please refer the person to the NC Problem Gambling Program Helpline and/ or Website.

Reference: Volberg, R.A., Munck, I.M. & Petry, N.M. (2011). A quick and simple screening method for pathological and problem gamblers in addiction program and practices. *The American Journal on Addictions*, 20, 220-227.



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