



North Carolina Problem Gambling Program

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The Lie-Bet Problem Gambling Screening Tool

The Lie-Bet tool (Johnson et al., 1988) has been deemed valid and reliable for ruling out pathological gambling behaviors. The Lie-Bet's two questions consistently differentiate between pathological gambling and nonproblem-gambling and are useful in screening to determine whether a longer tool should be used to diagnostics.

Lie-Bet Screening Tool

- 1) Have you ever felt the need to bet more and more money?
- 2) Have you ever had to lie to people important to you about how much you gamble?

Yes to one or both questions indicates the person should be referred to NC Problem Gambling Helpline and/or Website.

Reference: Johnson, E.E., Hamer, R., R.M., Tan, B., Eistenstein, N., & Englehard, C. (1988). The lie/bet questionnaire for screening pathological gamblers, *Psychological Reports*, 80, 83-88.



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