



North Carolina Problem Gambling Program
1-877-718-5543
morethanagamenc.com

**Youth Problem Gambling and Stacked Deck,
An Evidenced-Based Curriculum:
Train the Trainer Workshop**

Governor's Institute
1121 Situs Court, Suite 320, Raleigh, NC
March 5, 2020 | 10:00 am – 5:00 pm
March 6, 2020 | 8:30 am – 3:00 pm

Name of Participating School or Organization: _____

Name of person attending training: _____

Phone number: _____ Email address: _____

This course provides 10.5 hours of continuing education instruction. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation. Please save the course outline and the certificate of completion you receive from this activity and contact your state board or organization to determine specific filing requirements. NOTE: The North Carolina Social Work Certification and Licensure Board does not require pre-approval of organized training events attended in person by the social worker.

Meals and refreshments will not be provided at the training.

There will be a one hour break for lunch and scheduled break times throughout the day.

**For more information or to return the form, please contact Alison Drain at
919-800-8482 or alison.drain@dhhs.nc.gov.**

Why attend the training?

Research shows that teenagers and college-aged young adults are more impulsive and are at a higher risk for developing gambling problems than adults. According to a Harvard University study on pathological gambling in the United States, 1.6 percent of the adult population and 3.9 percent of adolescents have a pathological gambling problem. Another 3.9 percent of the adult population and 9.5 percent of adolescents experience problem gambling behaviors. Students with gambling problems are more likely to use tobacco, drink heavily, smoke marijuana or use other illegal drugs. Children who are introduced to gambling by the age of 12 are four times more likely to become problem gamblers.

A 2011 North Carolina Youth Behavior Risk Survey cited that 9th and 12th graders were gambling at the same rate of 33 percent. Because of this survey, the North Carolina Problem Gambling Program offers mini grants ranging from \$1,800 to \$5,000 to implement an evidence-based program called Stacked Deck to middle schools, high schools and after-school programs.

Stacked Deck has been shown time and time again to be effective in preventing and reducing the risk of problem gambling among teens and young adults. The evidence-based curriculum is offered in five to six sessions that extend from 35-45 minutes each, the program is aimed at changing gambling-related attitudes, knowledge, beliefs and practices.



NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**

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